

## ABSTRACT

A method and a system for synchronizing at least two users are described, each user to be synchronized containing its own timer, and the users being connected by at least one communications link, at least one event being transmitted for synchronization on the communications link, a first user determining a first global time as a function of the event, and the at least one second user determining a second global time as a function of the event, the minimum of the first and second global times being transmitted through the corresponding users on the communications link, and each user to be synchronized determining an overall global time from the minimum of a first global time and a second global time, and the timer contained therein being synchronized with the overall global time.